

**Rudy A. Ciccotti Center**

**Next Steps/Kids on the Move Group Session Schedule**

Group Times are **Color Coordinated**

Kids on the Move: **Ages 7-11**, **Ages 12-15**

Fitness Center: 518-867-8920

Fax: 518-694-0704

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8AM-9AM Brittany			8AM-9AM Cassandra		
		10AM-11AM Brittany			10AM-11AM Cass	10AM-11AM (Age 12-15) Sam
11AM-12PM John	11AM-12PM Chris			11AM-12PM Sam	11AM-12PM Chris	
	1PM-2PM Zach		1PM-2PM Zach			
		5PM-6PM (Age 12-15) Corey		5PM-6PM Sam	5PM-6PM (Age 7-11) Kyle	5PM-6PM Kyle
	6PM-7PM Sam  6PM-7PM (Age 7-11) Cassandra		6PM-7PM Cassandra  6PM-7PM (Age 7-11) David	6PM-7PM (Age 12-15) Sam		
		8PM-9PM Zach		8PM-9PM David		