Lap Pool Availability

	Monday				Tuesday				Wednesday				Thursday				Friday			
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:15am - 7:00am																				
7:00am - 7:30am					Deep								Deep							
7:30am - 8:00am					Water								Water							
8:00am - 8:30am																				
8:30am - 9:00am	Aqua								Cardio								Aqua			
9:00am - 9:30am	Fit Fun								Splash								Fit Fun			
9:30am -10:00am	Cardio				Deep				Cardio				Deep				Cardio			
10:00am - 10:30am	Splash				Water				Splash				Water				Splash			
10:30am - 11:00am																				
11:00am - 11:30am																				
11:30am - 12:00pm																				
12:00pm - 12:30pm																				
12:30pm - 1:00pm																				
1:00pm - 1:30pm																				
1:30pm - 2:00pm																				
2:00pm -2:30pm																				
2:30pm - 3:00pm																				
3:00pm - 3:30pm																				
3:30pm - 4:00pm																				
4:00pm - 4:30pm																				
4:30pm - 5:00pm																				
5:00pm - 5:30pm																				
5:30pm - 6:00pm																				
6:00pm - 6:30pm	Hydro				Aqua								HYDRO							
6:30pm - 7:00pm	HIIT				Fit Fun								HIIT							
7:00pm - 7:30pm																				
7:30pm - 8:00pm																				
8:00pm - 8:30pm																				
8:30pm - 8:50pm																				

***Evening Aqua Fitness classes are 45 minutes in length**

	Saturday				Sunday			
Lane	1	2	3	4	1	2	3	4
7:15am - 8:00am								
8:00am - 8:30am								
8:30am - 9:00am								
9:00am - 9:30am					Cardio			
9:30am -10:00am					Splash			
10:00am - 10:30am								
10:30am - 11:00am								
11:00am - 11:30am								
11:30am - 12:00pm								
12:00pm - 12:30pm								
12:30pm - 1:00pm								
1:00pm - 6:00pm								

Color Key:		
		Lane Open
		Lane Closed
		Group Lessons
		Home School P

Lap Swimming Etiquette
Notify swimmer before entering the lane.
Two swimmers share by swimming parallel in the lane.
Three or more swimmers will "**Circle Swim**" (on the right).
To pass, tap the foot of the swimmer in front, proceed through the middle.
If unclear about lap swimming etiquette, request clarification from lifeguard.

Activity Pool Swim Availability

	Monday	Tuesday	Wednesday	Thursday	Friday
5:15am - 7:00am					
7:00am - 7:30am					
7:30am - 8:00am					
8:00am - 8:30am					
8:30am - 9:00am		Pi-Yo-Chi		Pi-Yo-Chi	
9:00am - 9:30am		8:30-9:15		8:30-9:15	
9:30am -10:00am					
10:00am - 10:30am					
10:30am - 11:00am	Aqua Stretch	Healthy Joints		Healthy Joints	Aqua Stretch
11:00am - 11:30am	10:45-11:30	10:45-11:30		10:45-11:30	10:45-11:30
11:30am - 12:00pm					
12:00pm - 12:30pm					
12:30pm - 1:00pm					
1:00pm - 1:30pm					
1:30pm - 2:00pm		Home School		Home School	
2:00pm -2:30pm		Home School		Home School	
2:30pm - 3:00pm					
3:00pm - 3:30pm					
3:30pm - 4:00pm					
4:00pm - 4:30pm					
4:30pm - 5:00pm					
5:00pm - 5:30pm					
5:30pm - 6:00pm					
6:00pm - 6:30pm					
6:30pm - 7:00pm					
7:00pm - 7:30pm					
7:30pm - 8:00pm					
8:00pm - 8:30pm					
8:30pm - 8:50pm					

	Saturday	Sunday
7:15am - 8:00am		
8:00am - 8:30am		
8:30am - 9:00am		
9:00am - 9:30am		
9:30am -10:00am		
10:00am - 10:30am		
10:30am - 11:00am		
11:00am - 11:30am		
11:30am - 12:00pm		
12:00pm - 12:30pm		
12:30pm - 1:00pm		
1:00pm - 6:00pm		

Color Key:	
	Pool Open
	Pool Occupied
	Group Lessons

*Activity Pool is open during group swim lessons accept for Saturdays/Sundays 9-11AM

PreK Block Lessons
Mon-Thurs
9-9 PreK1
9:3 PreK2
10 PreK3

7 Week Session
Preschool 1
Preschool 2
Preschool 3

	Mondays											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
10:15												
10:30												
10:45												
11:00												
11:15												
11:30												
11:45												
12:00												
12:15												
12:30												
12:45												
1:00			PS1									
1:15												
1:30												
1:45												
2:00												
2:15												
2:30												
2:45												
3:00												
3:15												
3:30												
3:45												
4:00												
4:15												
4:30			PS1			L1	L2	L3				
4:45												
5:00	PT											
5:15												
5:30		ST				L1	L2		L4			
5:45												
6:00												
6:15												
6:30						L1		L3		5/6		
6:45												
7:00												
7:15												
7:30											AB	
7:45												
8:00												
8:15												
8:30												
8:45												
9:00												

	Tuesday											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
10:15												
10:30												
10:45												
11:00												
11:15												
11:30												
11:45												
12:00												
12:15												
12:30												
12:45												
1:00					PS2							
1:15												
1:30												
1:45												
2:00												
2:15												
2:30												
2:45												
3:00												
3:15												
3:30												
3:45												
4:00												
4:15												
4:30			PS1			L1		L3				
4:45												
5:00				PS2								
5:15												
5:30	PT				PS3		L2					
5:45												
6:00												
6:15												
6:30												
6:45												
7:00												
7:15												
7:30												
7:45												
8:00												
8:15												
8:30												
8:45												
9:00												

	Wednesday											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
10:15	PT											
10:30												
10:45												
11:00												
11:15												
11:30												
11:45												
12:00												
12:15												
12:30												
12:45												
1:00					PS3							
1:15												
1:30				PS2								
1:45												
2:00												
2:15												
2:30												
2:45												
3:00												
3:15												
3:30												
3:45												
4:00												
4:15												
4:30				PS2		L1	L2			5/6		
4:45												
5:00					PS3							
5:15												
5:30			PS1				L2	L3	L4			
5:45												
6:00												
6:15												
6:30						L1		L3				
6:45												
7:00												
7:15												
7:30												AI
7:45												
8:00												
8:15												
8:30												
8:45												
9:00												

	Thursday											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
10:15		ST										
10:30												
10:45												
11:00												
11:15												
11:30												
11:45												
12:00												
12:15												
12:30												
12:45												
1:00				PS2								
1:15												
1:30					PS3							
1:45												
2:00												
2:15												
2:30												
2:45												
3:00												
3:15												
3:30												
3:45												
4:00												
4:15												
4:30			PS1			L2		L3				
4:45												
5:00					PS2							
5:15												
5:30	ST			PS3			L1					
5:45												
6:00												
6:15												
6:30												
6:45												
7:00												
7:15												
7:30												
7:45												
8:00												
8:15												
8:30												
8:45												
9:00												

	Saturdays											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
9:00	PT		PS1	PS2	PS3			L3				
9:15												
9:30		ST	PS1	PS2	PS3							
9:45												
10:00	PT					L1	L2	L3	L4			
10:15												
10:30		ST										
10:45												
11:00							L2		L4	5/6		
11:15												
11:30												
11:45												
12:00												

	Sundays											
	PT	ST	PS1	PS2	PS3	1	2	3	4	5/6	AB	AI
9:00	PT		PS1	PS2	PS3		L2					
9:15												
9:30		ST	PS1	PS2	PS3							
9:45												
10:00	PT					L1	L2	L3	L4		AB	
10:15												
10:30		ST										
10:45												
11:00									L4	5/6		AI
11:15												
11:30												
11:45												
12:00												